

Friday, April 5, 2019 at 12:00 p.m. GCR: B/C CONTINUING MEDICAL EDUCATION PROGRAM NOON GRAND ROUNDS

"Professional Burnout: Demographics, Factors and Solutions"



Vern Randal Williams, M.D. Internal Medicine / Addiction Medicine Consultant with Pu'ulu Lapaau Honolulu, Hawaii

Lunch is available. Please sign in and pick up a meal ticket for purchase at "Ohana Café"

Activity Information

Practitioners need to understand burnout, recognize the early symptoms of burnout in themselves and their colleagues, and take appropriate action (for self and others)

At the conclusion of this activity, participants will be able to:

- 1) Be knowledgeable about the demographics of burnout in healthcare professionals.
- 2) Identify and assess the signs of burnout in self and colleagues.
- 3) Be knowledgeable about steps to alleviate burnout.

Faculty Disclosures - The Speaker, Dr. Vern Williams has no commercial relationship relevant to this presentation.

THERE WILL BE NO EDUCATIONAL ASSISTANCE

Contact US: Hilo Medical Center—Office of CME

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Resolution of conflicts of Interest:

In accordance with the ACCME Standards for Commercial Support of CME, Hilo Medical Center Office of CME implemented mechanisms, prior to the planning and implementation of this CME activity to identify and resolve conflicts of interest for all individuals in a position to control content of this CME activity.

Planning Committee/Faculty Disclosures:

Office of CME Staff, CME Committee and Content Validation Reviewer Disclosure:

The office of CME staff involved with this activity, CME Committee Members, and any content validation reviewers of this activity have reported no relevant financial relationships with commercial interests.

Unapproved Use Disclosure:

Hilo Medical Center Office of CME requires CME faculty (speakers/moderators/instructors) to disclose to attendees when products or procedures being discussed are off-label unlabeled, experimental, and /or investigational (not FDA approved); and any limitations on the information that is presented, such as data that are preliminary or that represent ongoing research, interim analyses, and/or unsupported opinion. This information is intended solely for continuing medical education and is not intended to promote off-label use of these medications. If you have questions, contact the medical affairs department of the manufacturer fr the most recent prescribing information.

Faculty <u>may</u> discuss information about pharmaceutical agents that is outside of U.S. Food and Drug Administration approved labeling.

Core Competencies:

This activity has been developed with consideration given to the American Board of Medical specialties and/or Institute of Medicine Core Competencies. This activity will increase your competency in the areas of providing patient-centered care work in interdisciplinary teams, employ evidence-based practices, apply quality improvement, medical knowledge, practice based learning and improvement, professionalism and systems-based practice.

Method of Participation:

There are no fees for participating in and receiving credit for this activity. In order to successfully conclude this activity for 1.0 AMA PRA Category 1 Credit™, learners must submit a completed evaluation/attestation form.

Learners can provide evaluation as to whether the education has increased their knowledge base (competence) or changed their practice patterns (performance, patient outcomes) through the evaluation form and verbal feedback.

A 12 month summary of your AMA PRA Category 1 Credits™ on filed with Hilo Medical Center Office of CME will be issued upon request. Requests can be submitted by email to jikeda@hhsc.org, faxes to (808) 933-9901 or by checking the appropriate box on the evaluation form.

Commercial Support:

This activity was developed without commercial support.

CME Accreditation and Designation:

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council of Continuing Medical Education (ACCME) through Hilo Medical Center. Hilo Medical Center is accredited by Hawaii Medical Association to provide continuing medical education for physicians.

Hilo Medical Center designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit™. Participants should claim only the credit commensurate with the extent of their participation in the activity.

American Academy of Physician Assistant (AAPA) accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits from organizations accredited by the ACCME. Physician's Assistant may receive a maximum of 1.0 hours of Category 1 Credit for completing this program.

American Academy of Nurse Practitioners Certification Board (AANPCB) accepts AMA PRA Category 1 Credits from Organization accredited by the ACCME. Nurse Practitioners may receive a maximum of 1.0 hours of Category 1 Credit for completing this program.